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## Original Article

# Targeting amine- and phenol-containing metabolites in urine by dansylation isotope labeling and liquid chromatography mass spectrometry for evaluation of bladder cancer biomarkers

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## ABSTRACT

Metabolomics is considered an effective approach for understanding metabolic responses in complex biological systems. Accordingly, it has attracted increasing attention for biomarker discovery, especially in cancer. In this study, we used a non-invasive method to evaluate four urine metabolite biomarker candidates—o-phosphoethanolamine, 3-amio-2-piperidone, uridine and 5-hydroxyindoleacetic acid—for their potential as bladder cancer diagnostic biomarkers. To analyze these targeted amine- and phenol-containing metabolites, we used differential <sup>12</sup>C<sub>2</sub>/<sup>13</sup>C<sub>2</sub>-dansylation labeling coupled with liquid chromatography/tandem mass spectrometry, which has previously been demonstrated to exhibit high sensitivity and reproducibility. Specifically, we used ultra-performance liquid chromatography (UPLC) coupled with high-resolution Fourier transform ion-cyclotron resonance MS system (LC-FT/MS) and an ion trap MS with MRM function (LC-HCT/MS) for targeted quantification. The urinary metabolites of interest were well separated and quantified using this approach. To apply this approach to clinical urine specimens, we spiked samples with <sup>13</sup>C<sub>2</sub>-dansylated synthetic compounds, which served as standards for targeted quantification of <sup>12</sup>C<sub>2</sub>-dansylated urinary endogenous metabolites using LC-FT/MS

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as well as LC-HCT/MS with MRM mode. These analyses revealed significant differences in two of the four metabolites of interest—o-phosphoethanolamine and uridine—between bladder cancer and non-cancer groups. O-phosphoethanolamine was the most promising single biomarker, with an area-under-the-curve (AUC) value of 0.709 for bladder cancer diagnosis. Diagnostic performance was improved by combining uridine and o-phosphoethanolamine in a marker panel, yielding an AUC value of 0.726. This study confirmed discovery-phase features of the urine metabolome of bladder cancer patients and verified their importance for further study.

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## 1. Introduction

It has been estimated that bladder cancer will account for 81,990 new cases and 17,240 bladder cancer-estimated deaths worldwide during 2018 [1]. Bladder cancer progression and death rates are highly related to tumor stage and cancer grade; thus, these metrics are crucial indicators of clinic prognosis and optimal treatments [2]. The progression rate for bladder cancer patients with low-grade tumors is approximately 6%, whereas that for patients with high-grade lesions is approximately 17% [3]. Hence, early detection and precise prognosis of cancer severity are critical for clinical management and assessment of progression risk.

Among the current methods for diagnosing disease, predicting progression and monitoring recurrence are cystoscopy, biopsy, urine cytology, and imaging [4]. However, these prognostic tools are not without drawbacks. Both cystoscopies and biopsies are invasive processes, and cystoscopy is expensive, painful and less sensitive for detecting high-grade tumors [4]. Although urine cytology is a highly sensitive, specific, cost-effective and convenient screening technique, it lacks the ability to detect low-grade bladder cancer [2]. An ideal screening test would retain these desirable characteristics (inexpensiveness, high sensitivity, specificity and non-invasiveness), while minimizing drawbacks.

Metabolomics, one of the “omics” technologies, is a comprehensive technique for global metabolite screening and profiling. Metabolomics is capable of investigating relatively small molecules in biofluids (blood, urine, plasma) or tissue, and is therefore complementary to genomics, transcriptomics, and proteomics. Moreover, because metabolism-related proteins are subject to modification through a series of complex biological processes at transcriptional, translational and post-translational levels [5], metabolomics reflects the dynamic responses of living systems to path physiological stimuli or genetic influences [6]. Similarly, specific metabolites secreted into biofluids reflect the operation of molecular pathways involving cellular ontogenesis, providing information that cannot be obtained directly using other omics approaches [6].

The bladder is the organ responsible for the storage of urine. Therefore, screening for cancer-associated metabolites in urine is a potentially on-invasive approach for disease prognosis and examination of bladder cancer recurrence.

Accordingly, metabolomics is a promising approach for the discovery of bladder cancer biomarkers. Despite these potential advantages, current research on metabolic biomarker discovery faces certain limits. After applying metabolomics as a platform for biomarker discovery, candidate metabolic biomarker candidates must be confirmed and accurately quantified, a requirement made more difficult by the small, but significant, differences in levels of metabolites in biological specimens; even efforts to subsequently confirm metabolites identified in the discovery phase have met with limited success [7]. The lack of synthetic standards and limited availability of clinical specimens for novel metabolite identification are the main reasons for difficulties in verifying metabolite biomarker candidates.

One approach for addressing these issues is ultra-performance liquid chromatography (UPLC) coupled with mass spectrometry (LC-MS), which provides a good platform for metabolic biomarker discovery. Advantages of LC-MS include the ability to separate, ionize and detect a wide range of analytes and identify chemical features of molecules, such as retention time and mass-to-charge ratio ( $m/z$ ). Multiple reaction monitoring (MRM)-MS provides additional information on fragments of targeted metabolites [7] and can be used for absolute quantification. Nevertheless, urinary metabolites are highly diverse [8] and some have properties that limit their retention on a reverse phase column, resulting in difficulties in analyzing the entire metabolome at once. Kuo et al. [8] demonstrated a solution to this challenging problem, showing that the chemical behaviors of amine- and phenol-containing metabolites could be altered by dansyl chloride labeling. This study [8] also demonstrated several important characteristics of differential isotope dansylation labeling, including high sensitivity, an expanded detection range for highly diverse molecules, and impressive reproducibility. Dansylated metabolites, even polar or ionic metabolites that are normally not retained on a reverse-phase (RP) column, can be separated by RPLC, increasing metabolite signal intensity and producing a better signal-to-noise ratio [8]. In addition,  $^{12}\text{C}/^{13}\text{C}$ -isotope dansylation labeling offers the characteristic of signal pairs on a spectrum that facilitates the confidence in identification and quantification of endogenous metabolites. Because it uses isotope-labeled synthetic compounds as a quantitative reference standard,  $^{12}\text{C}/^{13}\text{C}$ -isotope dansylation labeling coupled with LC-MS/MS is considered as a promising

technique for metabolic quantification and biomarker discovery [8–11].

Our previous work [12] identified numerous putative markers for bladder cancer using isotope dansylation labeling in conjunction with HPLC-MS (Supplemental Table 1). However, analytical methods for assessing these potential markers have not been established for metabolite identification and large-scale quantification for clinical applications. The identification of these previous potential metabolite biomarker candidates was based on matching their molecular weight with compounds from metabolome databases. An alternative identification and quantification strategy is to perform analyses after dansylation labeling utilizing highly purified commercial compounds. In this study, we sought to apply HPLC coupled with two types of mass spectrometry—Fourier transform ion-cyclotron resonance MS (FT/MS) and ion trap MS with MRM function (HCT/MS)—to verify the clinical utility of five potential urinary metabolite biomarkers discovered in our previous work [12] using the five commercially-available compounds as standards. The standard compounds were used to compare features (e.g.,  $m/z$ , fragmentation masses, and method specific retention time) to confirm the identification of candidate metabolite. As indicated above, stage and grade of bladder cancer are crucial for clinical prognosis. Accordingly, three clinical subgroups of bladder cancer patients were recruited for the current study: patients with low-grade, early-stage (LgEs) cancer; patients with high-grade, early-stage (HgEs) cancer; and patients with high-grade, advanced-stage (HgAs) cancer. Age-matched hernia patients were selected as the control group for targeted quantification of these five metabolites and evaluation of their utility as bladder cancer biomarkers. Fig. 1 shows the workflow for targeting amine- and phenol-containing metabolites in bladder cancer urine using dansylation isotope labeling and LC-MS.

## 2. Material and methods

### 2.1. Reagents

Compounds used for dansylation, including sodium carbonate ( $\text{NaHCO}_3$ ), sodium bicarbonate ( $\text{Na}_2\text{CO}_3$ ), sodium hydroxide ( $\text{NaOH}$ ), formic acid, and the authentic reference standards of the previously annotated putative urine biomarkers, 3-amino-2-piperidone, pyroglutamic acid, o-phosphoethanolamine, 5-hydroxyindoleacetic acid and uridine, and amino acid standards (#AAS 18) were purchased from Sigma–Aldrich (St. Louis, MO, USA). MS grade water, acetonitrile (ACN) containing 0.1% formic acid, and water containing 0.1% formic acid were also obtained from Sigma–Aldrich. Can and formic acid used as elution buffers for LC-UV were purchased from J.T. Baker-Avantor (Easton, PA, USA) and Sigma–Aldrich, respectively. Ultrapure water was obtained by purification using a Milli-Q system (Merck Millipore, Darmstadt, Germany).  $^{12}\text{C}_2$ -Dansyl chloride ( $^{12}\text{C}_2$ -DnsCl) was from Sigma–Aldrich, and  $^{13}\text{C}_2$ -dansyl chloride ( $^{13}\text{C}_2$ -DnsCl) was obtained from Wuxi Beita Pharmatech (Jiangsu, China).

### 2.2. Samples and preparation

#### 2.2.1. Urine sample collection and preparation of quality control (QC) urine

All urine specimens were collected followed a previously established protocol [12]. In brief, the first morning urine was collected from each subject and kept on ice; thereafter, samples were filtered twice with 0.22  $\mu\text{m}$  filters (Millipore) and stored at  $-80^\circ\text{C}$  before dansylation labeling. All human urine samples were collected at Chang Gung Memorial Hospital in Taiwan with approval of the local Institutional Review Board.

In this study, metabolites discovered as bladder cancer biomarker candidates in our previous study were subjected to new quantitative analytical methods. Our original statistical analysis showed that these biomarkers exhibited differences in concentration between cancer and control specimens [12]. Clinical urine specimens included those from hernia patients (control group) and bladder cancer patients, the latter of which was further divided into three subgroups: LgEs, HgEs, and HgAs. An external quality control sample (QC urine) was prepared by pooling 150 human urine specimens followed by dansylation labeling for analysis by LC-MS. QC urine samples were analyzed daily to ensure the performance stability and reproducibility of the LC-MS system.

#### 2.2.2. Dansylation labeling

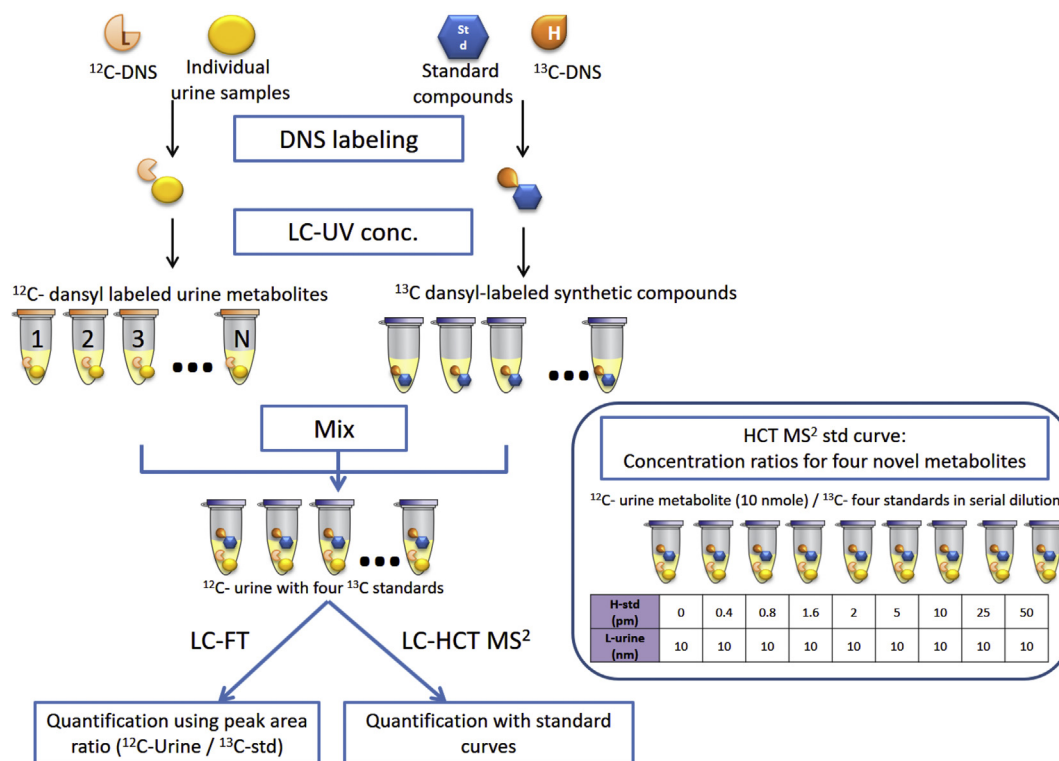
The dansylation method used was based on a previous study by Peng and coworkers [12]. In brief, clinical urine samples were thawed at  $4^\circ\text{C}$ , and authentic reference standard compounds were dissolved in MS grade water (Fluka). Sample solutions were centrifuged at 10,000 rpm at  $4^\circ\text{C}$  for 10 min using an Eppendorf 5417R centrifuge to remove cells and debris before labeling.

Urine and standard compounds were labeled with  $^{12}\text{C}_2$ -DnsCl and  $^{13}\text{C}_2$ -DnsCl, respectively, by first adding 25  $\mu\text{L}$  of 0.5 M  $\text{NaHCO}_3/\text{Na}_2\text{CO}_3$  and 75  $\mu\text{L}$  of dansyl chloride solution (1 mg in 80.5  $\mu\text{L}$  of ACN) into 50  $\mu\text{L}$  of each individual sample or 50  $\mu\text{L}$  of the standard compounds (2 mM). Urine specimens were diluted with water if the concentrations of metabolites in original urines were high [13,14]. Dansylation reactions were performed by incubating sample mixtures at  $40^\circ\text{C}$  for 45 min on an orbital shaker at 200 rpm, and reactions were stopped by immediately transferring reaction mixtures to ice. The reaction was quenched by adding 10  $\mu\text{L}$  of 250 mM  $\text{NaOH}$ , followed by shaking at 200 rpm at  $40^\circ\text{C}$  for 10 min. Samples on ice were prepped for LC-UV concentration determination by adding 50  $\mu\text{L}$  of 425 mM formic acid in 50% ACN to each specimen.

#### 2.2.3. Concentration normalization of dansylated metabolites by LC-UV

Since the efficiencies of dansylation of all metabolites from different urine samples may vary, a concentration normalization process is essential. To this end, we used an Acquity UPLC with ultra violet detection (Acquity TUV) system (Waters, Milford, MA, USA) to determinate the total concentration of dansylated metabolites after dansylation labeling.

A standard curve for quantification of dansylated metabolites was prepared by dansyl chloride labeling of a serially



**Fig. 1 – Workflow for targeting amine- and phenol-containing metabolites in bladder cancer urine using dansylation isotope labeling and LC-MS. Commercial standard compounds were labeled with  $^{13}\text{C}_2$ -DnsCl, spiked with  $^{12}\text{C}_2$ -DnsCl-labeled urinary metabolites, and then analyzed by LC-FT/MS and LC-HCT/MS. The blue block on the right represents serial dilutions used to prepare standard curves in LC-HCT/MS.**

diluted (0.52, 1.3, 2.6, 5.2, and 7.8 mM) 18-amino-acid standard mixture, followed by LC with UV detection of absorption at 338 nm. LC-UV concentration normalization was performed by injecting 2  $\mu\text{l}$  of labeled samples onto an ACQUITY LC-UV system (Waters) at a flow rate of 0.45 ml/min and eluting with the following gradient: 1% ACN (J.T. Baker) from 0 to 1 min, 95% ACN from 1 to 3 min; and 1% ACN from 3 to 6 min. A fixed amount (45 nmol) of each individual of  $^{12}\text{C}_2$ -Dns-labeled urine sample was spiked with the mixture of  $^{13}\text{C}_2$ -Dns-labeled standards (45 pmole for each compound). Samples were dried, re-dissolved in 30  $\mu\text{l}$  50% ACN containing 0.1% formic acid, and subsequently analyzed by LC/MS.

## 2.3. Sample analysis

### 2.3.1. MS analysis

Two mass specters, an ion trap MS (HCT/MS; Bruker Daltonics, Bremen, Germany), and a Fourier transform ion cyclotron resonance MS (FT/MS) system (Apex-Qe-SHEDS FTICR, 9.4 T; Bruker Daltonics, Bremen, Germany) were utilized for quantification of metabolites. Both MS systems were linked to an ACQUITY UPLC system (Waters), eluted with MS grade solvents (solvent A: 5% ACN in water containing 0.1% formic acid; solvent B: 99% ACN containing 0.1% formic acid) according to the following program: 0–2 min, 5% B; 2–3 min, 5% B to 15% B; 3–13 min, 15% B to 35% B; 13–25 min, 35% B to 70% B; 25–28 min, 70% B to 99% B; 28–30 min, 99% B; 30–30.1 min, 99% B to 5% B; 30.1–32.5 min, 5% B. All MS spectra were obtained in positive ion mode.

All samples for the two systems were prepared as described above. The optimized injection amount was 10 nmole (6.6  $\mu\text{l}$ ) of  $^{12}\text{C}_2$ -Dns-labeled endogenous urinary metabolites and 10 pmole of each  $^{13}\text{C}_2$ -Dns-labeled standard compound per LC-MS run. A QC sample was analyzed daily to ensure the stability of the system. Measurements of control group and study group samples were randomized to minimize instrument- and environment-related variations. Each metabolite sample was analyzed in triplicate in consecutive runs, with a wash run in between; an additional blank run (5% ACN containing 0.1% formic acid) was performed to prevent signal interference by carry-over between different clinical samples.

### 2.3.2. Confirmation of synthetic standards detection and relative quantification using LC-FT/MS system

An LC-FT/MS system with Waters binary management was configured by connecting an Acquity UPLC Waters system with an Acquity UPLC HSS T3 1.8  $\mu\text{m}$  column (Waters) to an FT/MS system (Bruker). To investigate ionization abilities of these reference compounds without labeling, the compounds were dissolved at a concentration of 2 mM in LC-MS grade water (Fluka), then diluted to yield 10, 100, and 500 pmol/ $\mu\text{l}$  samples, which were injected separately by direct infusion at a flow rate of 180  $\mu\text{l}/\text{min}$  apart from this, ionization and detectability of dansyl-labeled standard compounds (5, 10, and 50 pmol/run) were evaluated by injecting standards onto the LC-FT/MS system. The LC gradient used for LC-FT/MS analysis of individual specimen was the same as that used for LC-HCT/MS.



	Metabolomic Analysis		Targeted Analysis FT-MS				Time segments (min)		Targeted Analysis HCT-MS							
	Peng [12]	RT (min)	Fold change BC/hernia	Fold change				Q1 (m/z)	Q3 (m/z)	Fold change						
				RT (min)	BC	LgEs	HgEs			HgAs	RT (min)	BC	LgEs	HgEs	HgAs	
O-phosphoethanolamine	2.6	1.53		6	1.63	1.34	1.47	2.08	375.1	252.1	5.0–9.5	5.1	1.57	1.31	1.5	1.9
3-Amino-2-piperidone	9.19	1.39		11.7	1.15	1.30	1.19	0.95	377.1	254.1	9.6–17.1	9.6	1.19	1.33	1.27	0.95
									348.2	234.1						
Uridine	7.5	−1.25		12.6	1.78	1.70	1.71	1.94	350.1	236.1	9.6–17.1	10.6	1.80	1.73	1.78	1.89
									478.1	366.1						
5-Hydroxyindoleacetic acid	16.7	1.32		19.9	1.10	1.10	1.15	1.04	480.1	368.2	47.2–32.0	17.9	1.08	1.09	1.13	1.02
									425.1	381.2						
									427.1	383.2						

individual urine samples were labeled with  $^{12}\text{C}_2$ -Dns. The endogenous concentration of targeted metabolites in urine samples was then quantified based on the signals of known concentrations of standard compounds using LC-FT/MS and LC-HCT/MS. The workflow for targeting amine- and phenol-containing metabolites in bladder cancer urine using dansylation isotope labeling and LC-MS is shown as Fig. 1.

To ensure the detectability of dansylated commercial standards, we injected 5, 10, and 50 pmole of dansylated standard compounds into the LC-FT/MS system. This analysis showed that four of the five labeled commercial standards (Supplementary Table 2)—O-phosphoethanolamine, 3-amino-2-piperidone, uridine, and 5-hydroxyindoleacetic acid—but not dansylated pyroglutamic acid, were detectable by UV and LC-MS. Therefore, only these four  $^{13}\text{C}$ -standard compounds were targeted for the development of quantification methods based on optimization of  $\text{MS}^2$  fragmentation using the LC-HCT/MS system.

Complex compounds in urine samples were analyzed by applying a LC system to separate metabolites of interest. The accuracy of quantitative results largely depends on establishing LC conditions under which the four targeting metabolites can be well separated. Accordingly, we investigated different LC conditions to determine optimal elution conditions for separation of commercial standards. Using these conditions (see Materials and methods), we found that, of the four dansylated standard compounds of interest, 3-amino-2-piperidone and uridine eluted with very similar retention times in LC-MS spectra, but the peaks of the remaining two metabolites were well separated.

### 3.1. Selection of $\text{MS}^2$ fragments using LC-HCT/MS and application for quantification

Using dansyl chloride-labeled standard compounds, we examined MRM fragments of the corresponding parent ions to evaluate suitable daughter ions that would not be susceptible to detect ion interference, ion suppression, or matrix effects contributed by the biological samples. As described above, the four detectable standard compounds were analyzed by HCT/MS by direct injection at a flow rate of 180  $\mu\text{L}/\text{min}$ , followed by MS/MS fragmentation at the appropriate ion mass. The resulting  $\text{MS}^2$  spectra from direct infusion in HCT MRM mode yielded the following daughter ions of the four labeled metabolites: 186.2, 188.2, 234.1 and 236.1 for dansylated 3-amino-2-piperidone; 252.1, 254.1277.1 and 279.1 for dansylated O-phosphoethanolamine; 366.1 and 368.2 for dansylated uridine; and 381.2 and 383.2 for dansylated 5-hydroxyindoleacetic acid.

Given the relatively short interval separating Dns-3-amino-2-piperidone (~11.7 min) and Dns-uridine (~12.6 min), we sought to collect specific daughter ions between these time frames for these particular metabolites. Hence, for MRM ionization on the LC-HCT system, we defined three time segments with appropriate ionized ions: (1) ionization of O-phosphoethanolamine ( $m/z$  375.1 or  $m/z$  377.1) from 5 to 9.5 min, (2) ionization of 3-amino-2-piperidone ( $m/z$  348.2 or  $m/z$  350.1) and uridine ( $m/z$  478.1 or  $m/z$  480.1) from 9.5 to 17.1 min, and (3) ionization of 5-hydroxyindoleacetic acid ( $m/z$  425.1 or  $m/z$  427.1) from 17.1 to 30 min. After comparison of the LC-MS experimental conditions of metabolomics profiling

[12] and targeted analyses by two LC-MS systems in this work, Eclipse plus C18 column (2.1 mm  $\times$  100 mm, 1.8  $\mu\text{m}$ ), an Waters Acquity UPLC BEH C<sub>18</sub> (1.0 mm  $\times$  100 mm, 1.7  $\mu\text{m}$ ) as well as Waters Acquity UPLC HSS T3 (1.0 mm  $\times$  100 mm, 1.8  $\mu\text{m}$ ) were utilized for the metabolomic analysis [12], LC-HCT/MS and LC-FT/MS, respectively. To optimize each elution condition, LC gradient of elution solvents were different in these studies. The difference in elution order of 3-amino-2-piperidone and uridine in the previous work (Table 1A) could be caused by the different columns and gradient of LC systems.

### 3.2. Development of a method for measuring the urinary concentration of four targeted metabolites

Because we applied two mass systems in this study for analysis of biological samples, we needed to apply two different quantification methods. Although LC-FT is a high-resolution chromatographic technique, it may be susceptible to isobaric inference. Because peak area is based on parent ions under full-scan mode, there is a concern that other compounds with the same  $m/z$  value as the isobaric interference could contribute to peak areas. By contrast, the LC-HCT system is able to fragment parent ions into  $\text{MS}^2$  or  $\text{MS}^3$ , and thus is able to more reliably identify parent/daughter ion pairs as the correct compounds. However, the resolution of HCT/MS is lower than that of FT/MS. Accordingly, using both of these systems provides increased confidence in both the identification (LC-HCT/MS) and quantification (LC-HCT/MS) of the metabolites of interests.

Only five out of the ten putative metabolites were commercially available for the following work. Among the five metabolites, dimethylated-pyroglutamic acid standard could not be accurately quantified due to poor detectability by UV and MS. The identification of the metabolites was based on accurate mass of the MS result for searching metabolite databases to gain one or more putative identifications. The putative identification will need further validation experiment to confirm its true chemical identification. In this study, commercially available pyroglutamic acid standard after dimethylation was not detected on UV nor on MS. We speculated the reasons were possibly due to poor yield of dansylation during sample preparation, or low-ionization efficiency in MS analysis, or wrong putative identification in the database searching of the discovery phase of metabolite biomarker discovery. Metabolites were quantified based on the isotopic ratio of  $^{12}\text{C}_2$  (endogenous metabolites) and known concentrations of  $^{13}\text{C}_2$ -DnsCl-labeled metabolite standards. The first step in this process was identification of peaks of endogenous and standards of four of the five previously discovered metabolite biomarker candidates using isotopic pairs with accurate  $m/z$  and co-eluted retention times. For quantification by high-resolution FT/MS, EIC isotopic pairs for the four labeled analytes of interest were acquired according to the molecular weights listed in Supplementary Table 2. For quantification by HCT/MS,  $\text{MS}^2$  signals in Table 1A were acquired in MRM mode, which has lower background interference. The defined peaks of the designated  $m/z$  values were extracted, and their areas were integrated and converted to measures of the concentrations of the corresponding

labeled metabolites by applying the arithmetic operation described below.

### 3.2.1. FT/MS – peak area ratio

The concentrations of metabolites of interest in individual urine specimens were calculated from the ratio of the corresponding  $^{12}\text{C}_2$ -DnsCl-labeled metabolites to  $^{13}\text{C}_2$ -DnsCl-labeled standards. To avoid possible interference from the matrix background, we first used high-resolution FT/MS to quantify these metabolite biomarker candidates. Since the amounts of  $^{13}\text{C}_2$ -DnsCl-labeled standards are known (10 pmol), the quantities of labeled urinary metabolites in all individual urine specimens could be obtained by conversion of peak area ratios of  $^{12}\text{C}_2$ -DnsCl-labeled metabolites to their corresponding  $^{13}\text{C}_2$ -DnsCl-labeled standards. The relative quantification was obtained according to the formula below:

$$\text{Concentration of dansyl-labeled urinary metabolites} = 10 \text{ pmole} \times \frac{\text{Peak intensity of } ^{12}\text{C}_2\text{-Dansyl-labeled urinary metabolites}}{\text{Peak intensity of } ^{13}\text{C}_2\text{-Dansyl-labeled standards}}$$

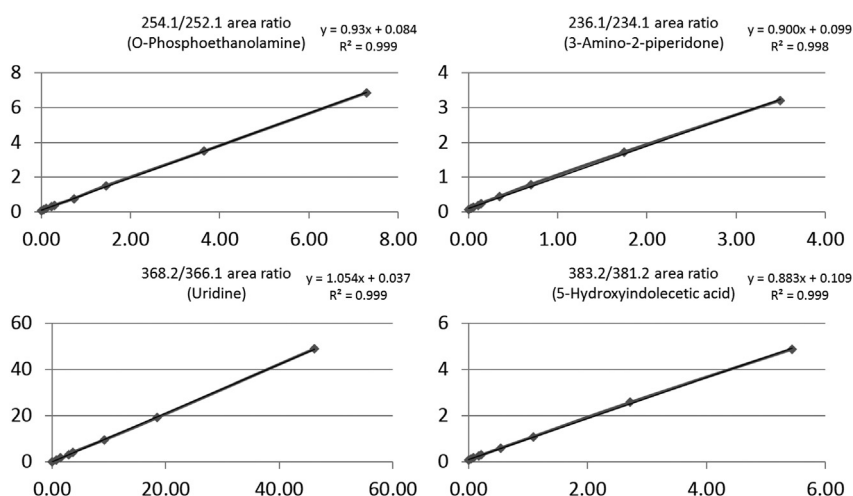
### 3.2.2. HCT/MS – standard curve

To evaluate the dynamic range for quantification of the four endogenous metabolites, we established a response curve using HCT/MS in MRM scanning mode. A fixed amount of labeled, total endogenous urine metabolites was separately added into different concentrations of  $^{13}\text{C}_2$ -DnsCl-labeled standards. Because the amount of the four metabolites in urine varied, the level of each  $^{12}\text{C}_2$ -DnsCl-labeled metabolite in urine was calculated based on the peak areas of corresponding serially diluted  $^{13}\text{C}_2$ -DnsCl-labeled standards

using the average peak areas ( $n = 3$ ) of isotopically labeled metabolite pairs. The concentrations of the four detectable  $^{12}\text{C}_2$ -DnsCl-labeled metabolites in urine samples were applied separately to the serially diluted  $^{13}\text{C}_2$ -DnsCl-labeled standards (0, 0.4, 0.8, 1.6, 2, 5, 10, 25 and 50 pmol), yielding individual regression formulas for ratio-to-ratio plots for the different analytes. Each of the four response curves showed a linear response with good  $R^2$  values, as shown in Fig. 2. Uridine ( $m/z$  366.1) showed a remarkable drop in peak area for the 50 pmol  $^{13}\text{C}_2$ -DnsCl-labeled standard; thus, this point was excluded from the standard curve. Using the resulting standard curves, we calculated the concentrations of the four urinary metabolites—o-phosphoethanolamine, 3-amino-2-piperidone, uridine and 5-hydroxyindoleacetic acid—in all individual clinical urine samples.

### 3.2.3. Correlation between HCT and FT quantification of metabolites

The performance of FT/MS and HCT/MS in terms of mass resolution and scan rates differs. Thus, taking into account signal interference, mass-to-charge accuracy and quantitative dynamic range, using a single system for quantification might be problematic. We thus next examined the correlation between metabolite quantification results obtained by HCT/MS and FT/MS. Concentration estimates for all four compounds were well correlated between the two methods,



**Fig. 2 – Response curves of dansylated standard compounds.** Response curves are presented as the ratio of the dansylated standards to the corresponding dansylated endogenous urinary metabolites. Mass-to-charge ( $m/z$ ) corresponds to  $\text{MS}^2$  fragment ions obtained by LC-HCT/MS in MRM mode. Serial dilutions of  $^{13}\text{C}_2$ -DnsCl-labeled standard concentrations (0, 0.4, 0.8, 1.6, 2, 5, 10, 25 and 50 pmole) were spiked with a fixed amount (10 nmole) of  $^{12}\text{C}_2$ -DnsCl-labeled urinary metabolites. The x-axis is the concentration ratio and y-axis is the EIC peak area ratio ( $^{13}\text{C}_2$ -DnsCl-labeled standards/ $^{12}\text{C}_2$ -DnsCl-labeled metabolites).

with Pearson *r*-values greater than 0.9; notably, the Pearson *r*-values for uridine and 5-hydroxyindoleacetic acid reached 0.99. Correlation plots of *o*-phosphoethanolamine and 3-amino-2-piperidone in urine exhibited some dispersion of points at higher levels of metabolites, resulting in a slight reduction in Pearson *r*-values (0.97). We then conducted an additional experiment to validate the precision and accuracy of the quantification methods used in the study. The standard curves of the four metabolites were established and quantification of a spiked sample based on the methods described in the method section (*n* = 3). A mixture of 10 pmol of each <sup>13</sup>C<sub>2</sub>-dansylated standard compounds (as internal standards for quantification) with <sup>12</sup>C<sub>2</sub>-dansylated endogenous urinary metabolites were measured first to quantify the endogenous concentration of four targeted metabolites based the peak area ratios of <sup>12</sup>C<sub>2</sub>- to <sup>13</sup>C<sub>2</sub>-dansylated signals. Then, comparison of quantitative results in triplicates of spiked <sup>12</sup>C<sub>2</sub>-dansylated standard compounds to their certified values (5 pmol) in the above mixture samples provided a measure of method accuracy and precision for the targeted metabolites. The results showed that the spike recoveries fell within the range of 80–120% for all the four compounds which is used for evaluation of accuracy. Among them, spike recoveries were within 90–110% for *o*-phosphoethanolamine and 5-hydroxyindoleacetic acid which showing good accuracy (Supplementary Table 4). The coefficient of variation (CV) values were all below 10% which were also satisfactory.

### 3.3. Comparison of concentrations of urinary metabolites between control and bladder cancer patients

To evaluate concentration differences between control and bladder cancer groups, we performed statistical analyses on urinary quantification data for the four metabolites in 119 clinical urine specimens. The clinical information of samples used in this study are listed as Table 1C. These analyses showed that urinary concentrations of two of the four urinary metabolites—*o*-phosphoethanolamine and uridine—were significant different between bladder cancer and control groups by both FT/MS (Fig. 3) and HCT/MS (Fig. 4). As shown in Tables 1B and C, the *o*-phosphoethanolamine concentration in urine samples from the bladder cancer group was ~1.6-times higher than that in the control group, based on HCT/MS. The urinary concentration of uridine was also higher significantly in bladder cancer patients than in the control group. Notably, *o*-phosphoethanolamine levels in bladder cancer patients, determined by HCT/MS, were correlated with cancer stage severity, exhibiting a 1.3-, 1.5-, and 1.9-fold increase compared with controls in LgEs, HgEs and HgAs subgroups, respectively. Results obtained using FT/MS were similar to those of HCT/MS (Table 1B, Fig. 5 and Supplementary Fig. 1). Furthermore, the small values of absolute differences between the two LC-MS systems indicated well correspondence in quantification of four target metabolites as shown in Supplementary Table 5. In contrast, there was no significant difference in the urinary concentration of 3-amino-2-piperidone or 5-hydroxyindoleacetic acid between hernia control and bladder cancer patients using either FT/MS or HCT/MS.

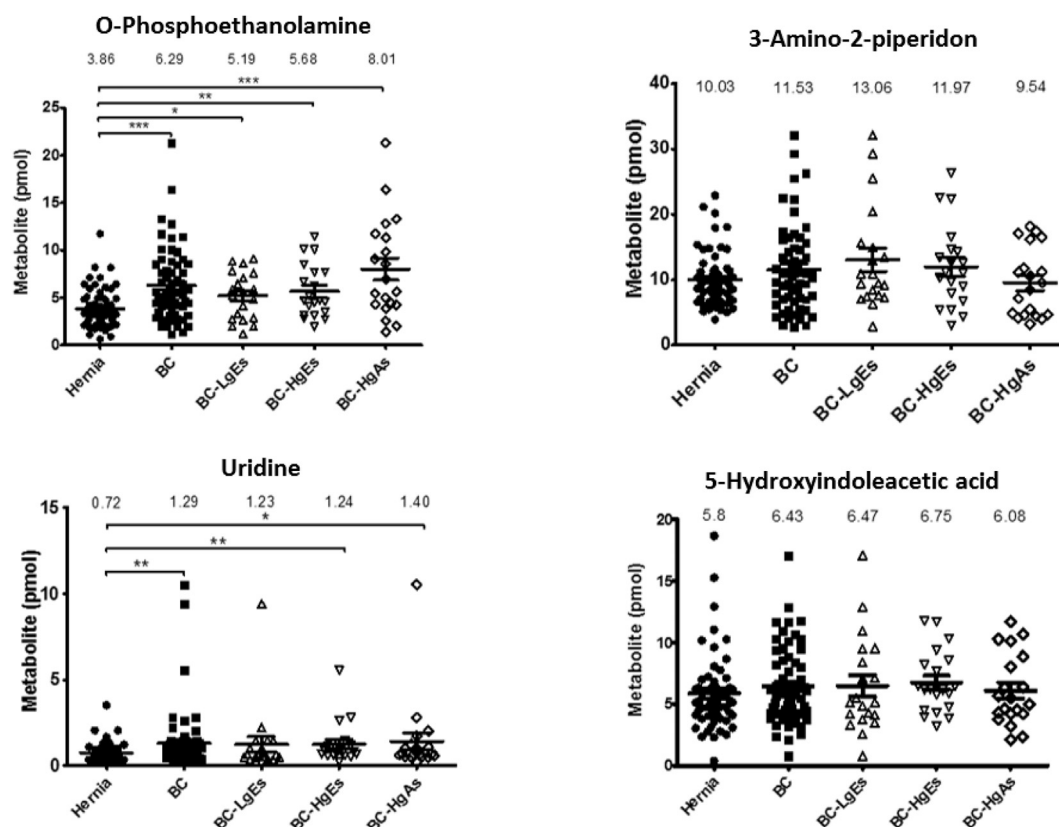
**Table 1B – The amount average (pmole) of the four urinary metabolites in total amount of 10 nmol dansylated urine metabolites.**

	FT/MS					HCT/MS				
	Mean (pmol) ± SEM					Mean (pmol) ± SEM				
	Hernia	BC	LgEs	HgEs	HgAs	Hernia	BC	LgEs	HgEs	HgAs
O-Phosphoethanolamine	3.86 ± 0.27	6.29 ± 0.5	5.19 ± 0.56	5.68 ± 0.62	8.01 ± 1.17	4.51 ± 0.29	7.08 ± 0.52	5.91 ± 0.61	6.76 ± 0.73	8.57 ± 1.21
3-Amino-2-piperidone	10.03 ± 0.54	11.53 ± 0.86	13.06 ± 1.78	11.97 ± 1.4	9.54 ± 1.17	10.07 ± 0.57	11.94 ± 0.91	13.44 ± 1.88	12.79 ± 1.64	9.59 ± 1.05
Uridine	0.72 ± 0.07	1.29 ± 0.24	1.23 ± 0.44	1.24 ± 0.27	1.40 ± 0.5	0.73 ± 0.07	1.32 ± 0.24	1.27 ± 0.47	12.79 ± 0.29	1.39 ± 0.47
5-Hydroxyindoleacetic acid	5.8 ± 0.4	6.43 ± 0.4	6.47 ± 0.88	6.75 ± 0.57	6.08 ± 0.64	5.95 ± 0.39	6.41 ± 0.38	6.46 ± 0.81	6.72 ± 0.54	6.05 ± 0.62



**Table 1C – Clinical information of samples used in this study.**

Classification	Diagnosis Status	Number of male Patients	Age
Hernia	Hernia	59	67.2 ± 7.6
Low grade/Early stage (LgEs) – BC	pTa	20	66.6 ± 12.1
High grade/Early stage (HgEs) – BC	Tis, pTa, pT1	20	67.3 ± 9.5
High grade/Advanced stage (HgAs) – BC	pT2, pT3, pT3b, pT4	20	65.8 ± 10.5

**FT/MS scatter plots**

**Fig. 3 – Scatter plots of urinary metabolite concentrations (pmole) in different clinical groups obtained by LC-FT/MS. Each dot represents the concentration of a urinary metabolite from the analysis of LC-FT/MS data, expressed as means ± SEM (error bars). Labels: Hernia, control group (filled circles); BC, bladder cancer (total study group; filled squares); BC-LgEs, low-grade early-stage subgroup (open triangles); BC-HgEs, high-grade early-stage subgroup (open inverted triangles); BC-HgAs, high-grade advanced-stage subgroup (open diamonds). P < 0.05, \*\*P < 0.01, \*\*\*P < 0.001; ns, not significant. Y-axis values are pmole of individual urinary metabolites in a total of 10 nmole.**

### 3.4. Diagnostic efficacies of four dansylated amine- and phenol-containing metabolites in detecting bladder cancer

It is conceivable that changes in the concentrations of urinary metabolites could result from factors other than diseases, such as age. Accordingly, we performed Chi square tests to investigate the relationship between age and metabolite levels in urines. Similar tests for effects of biological sex were not performed because all study subjects were male. For HCT/MS results on o-phosphoethanolamine, Pearson r-values for disease stage and age were 0.005 and 0.583, respectively (Supplementary Table 6), indicating that changes in o-phosphoethanolamine concentration were correlated with disease status rather than patients' age.

A previous study [12] reported 10 urinary metabolites as potential biomarkers for bladder cancer, five of which were examined in the current study. To test the performance of these metabolites as biomarkers, we carried out a receiver operating characteristic (ROC) curve analysis. In an analysis of single-marker performance (Fig. 6), we found that o-phosphoethanolamine (m/z 252.1) in the HCT/MS system was moderately predictive, with an AUC (area under the curve) of 0.709; the AUC for uridine was 0.654. Combining these two biomarkers improved the AUC to 0.726 (Fig. 7), indicating that this two-biomarker panel has better predictive value than either single biomarker alone. Odds-ratio analysis was also performed to estimate that the different degrees of bladder cancer response to o-phosphoethanolamine in this study

## HCT/MS scatter plots

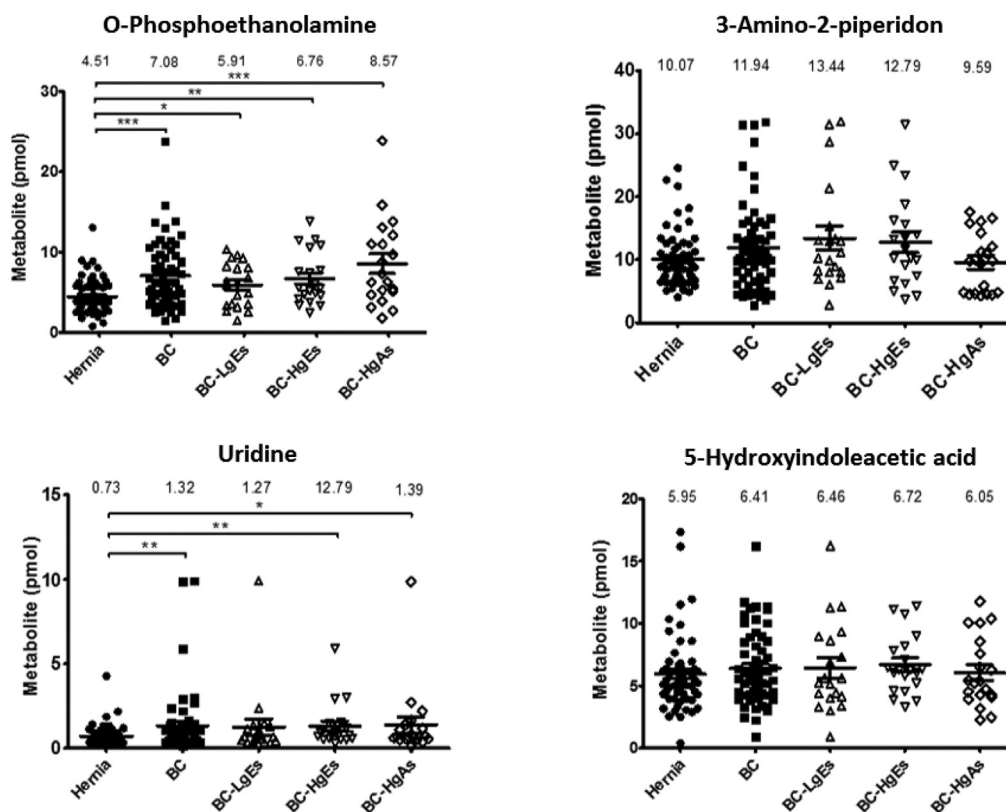


Fig. 4 – Scatter dot plots of urinary metabolic concentrations (pmole) of LC-HCT/MS results in different clinical groups. Each dot represents the concentration of a urinary metabolite from the analysis of LC-HCT/MS data, expressed as means  $\pm$  SEM (error bars). Labels: Hernia, control group (filled circles); BC, bladder cancer (total study group; filled squares); BC-LgEs, low-grade early-stage subgroup (open triangles); BC-HgEs, high-grade early-stage subgroup (open inverted triangles); BC-HgAs, high-grade advanced-stage subgroup (open diamonds).  $P < 0.05$ ,  $**P < 0.01$ ,  $***P < 0.001$ ; ns, not significant. Y-axis values are pmole of individual urinary metabolites in a total of 10 nmole.

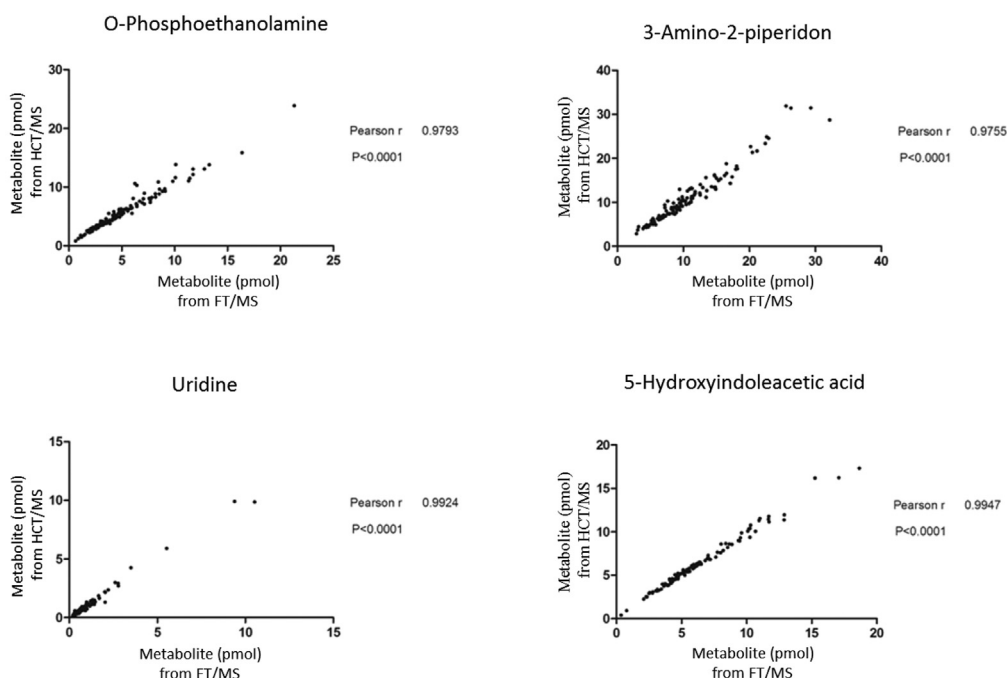
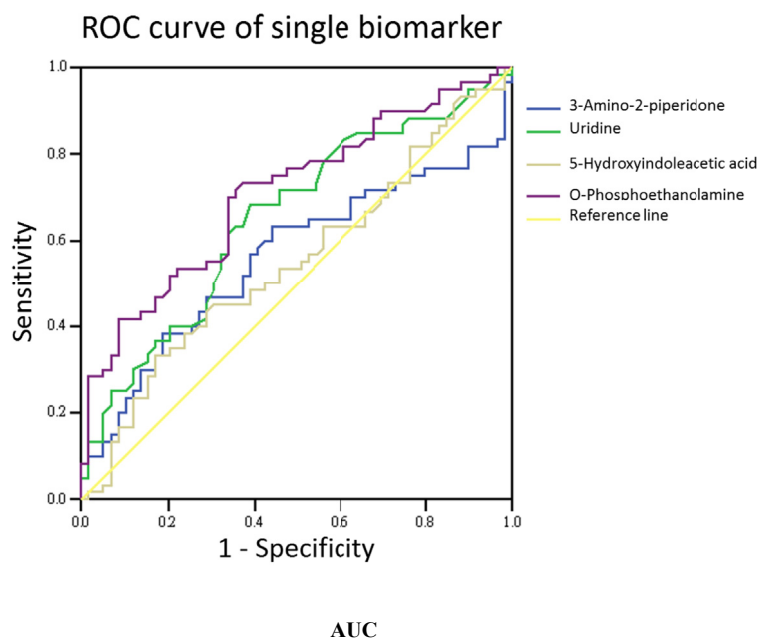


Fig. 5 – Correlation of quantitative results obtained by LC-HCT/MS and LC-FT/MS. Quantitative results obtained by LC-FT/MS are shown in the x-axis and results of LC-HCT/MS are shown in the y-axis.



Putative biomarkers	AUC	Std. Error(a)	Sig.(b)	95% Confidence interval for Difference	
				Lower bound	Upper bound
3-Amino-2-piperidone	.561	.054	.248	.456	.667
Uridine	.654	.050	.004	.555	.752
5-Hydroxyindoleacetic acid	.550	.053	.345	.446	.654
O-Phosphoethanolamine	.709	.047	.000	.616	.802

The test result variable(s): 3-Amino-2-piperidone, uridine, 5-hydroxyindoleacetic acid, O-phosphoethanolamine value has at least one tie between the positive actual stage group and the negative actual state group. Statistics may be biased.

(a) Under nonparametric assumption

(b) N hypothesis: true area = 0.5

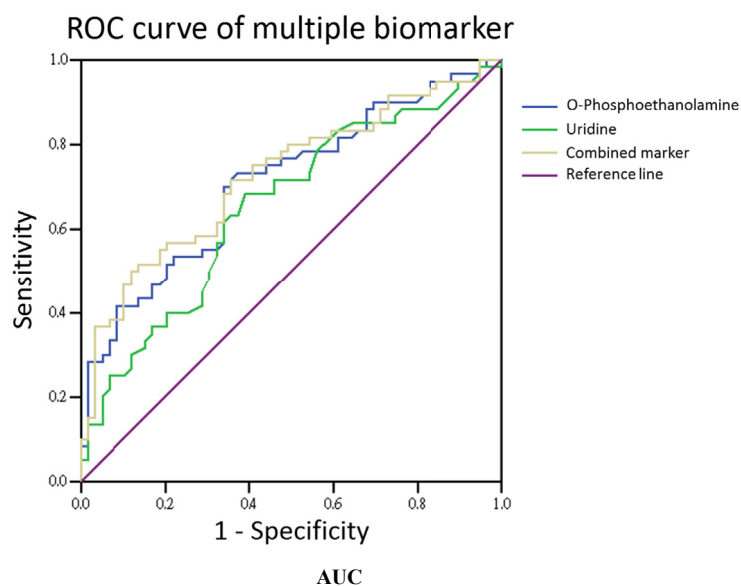
**Fig. 6 – Single-biomarker performance.** The performance of four urinary metabolites, quantified by LC-HCT/MS, as single markers of bladder cancer was evaluated using ROC curve analysis. The AUC for O-phosphoethanolamine was 0.709.

(Fig. 8). The cut off values of the analysis were determined by the sensitivity and specificity of ROC curve, which were equal to or greater than 0.6 with lower false-possibility. The odd-ratios with 95% confidence interval (CI) of hernia versus BC LgEs, HgEs and HgAs were 3.361 (1.162–9.721), 5.429 (1.729–17.039) and 7.8 (2.3–26.449), respectively. The odd ratios were greater than 1 and increased along the severity of bladder cancer in the study indicating a positive correlation between the metabolite and the severity of bladder cancer subgroups.

#### 4. Discussion

The field of metabolomics has become increasingly important for exploring markers of changes in biological reactions that are associated with pathophysiology, environmental toxicity, changes in biological mechanisms, or disease [15,16]. This technology is considered as a complementary tool for genomics, transcriptomics, and proteomics approaches, given that the genome-scale changes detected by these latter

approaches occur at a higher, upstream level, and might not be reflected in subsequent changes in regulation or components [16]. Additionally, analyzing metabolites in urine is a non-invasive means for biomarker discovery—an advantage for clinical practice and diagnosis. Difficulties in analyzing metabolites in biological fluids include the high complexity of biological matrices, detection limits, and lower confidence in metabolite identification. Moreover, many hydrophilic metabolites are not likely to be retained on the reverse-phase columns commonly employed, resulting in difficulties in separating and analyzing complex mixtures. Dansylation labeling [8] represents a promising approach for increasing sensitivity and detection probability of compounds with specific functional groups, namely primary amines, secondary amines, or phenolic hydroxyl group(s) [8]. In the current study, clinical samples used for verification were collected, prepared, and analyzed according to the method described above. Using differential  $^{12}\text{C}_2$ -/ $^{13}\text{C}_2$ -isotope dansylation labeling, we were able to explore analytes by identifying correct peak pairs of  $^{12}\text{C}_2$ -labeled endogenous metabolites and corresponding  $^{13}\text{C}_2$ -labeled commercial metabolite standards,



Putative markers	AUC	Std. Error(a)	Sig.(b)	95% Confidence interval for Difference	
				LowerBound	Upper Bound
O-phosphoethanolamine	.709	.047	.000	.616	.802
Uridine	.654	.050	.004	.555	.752
combined markers	.726	.047	.000	.634	.817

The test result variable(s): O-phosphoethanolamine, uridine value has at least one tie between the positive actual stage group and the negative actual state group. Statistics may be biased.

(a) Under nonparametric assumption

(b) N hypothesis: true area = 0.5

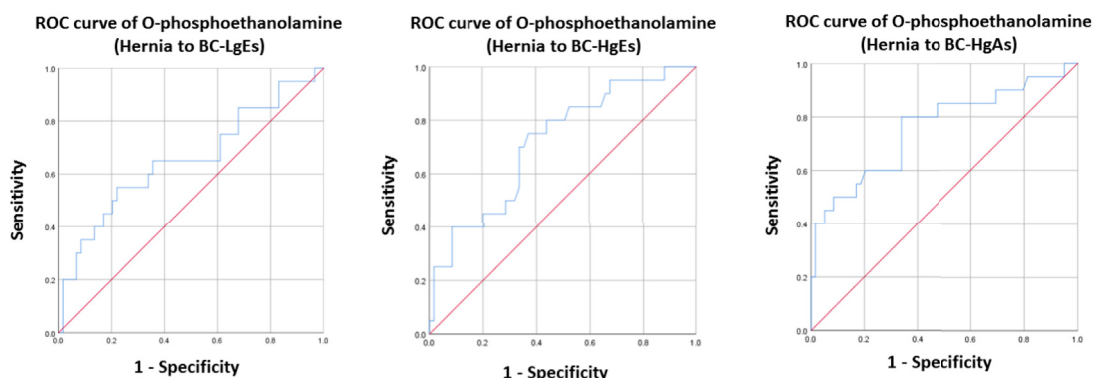
**Fig. 7 – Two-biomarker panel performance. The four urinary metabolites, quantified by LC-HCT/MS, were combined by logistic regression, and the performance of multi-biomarker panels in detecting bladder cancer was assessed by ROC curve analysis. The performance of O-phosphoethanolamine and uridine as single markers is shown for comparison. The AUC for the performance of the o-phosphoethanolamine and uridine two-biomarker panel in detecting bladder cancer was increased to 0.726.**

an approach that correctly and precisely targets metabolites with high confidence.

Because of clinical or biological variability, candidate biomarkers identified in the discovery stage need to be validated across a different set of individual samples. There are several reasons that part of the biomarker candidates that discovered in the previously work have not been verified successfully in this study. This could be the causes of different patient enrollment or LC systems between pervious work and this study. Besides, the identification of the metabolites in the previous work was potential biomarkers obtained from database according to accurate molecular weight, yet their true identification required further validation. The comparison of patient enrollment between discovery and verification phases is shown in [Supplementary Table 3](#). Only low percentage (5.5%) of patients were used in both metabolomics profiling and targeted quantification which was good for evaluation of biological variation. A biomarker candidate verification phase eliminates this bottleneck in biomarker development pipeline by ensuring that only the most promising putative biomarkers found in discovery go on to the validation stage.

The reason that we did not use the same LC methods in two LC-MS systems was due to the routine setting of two LC systems. In this work, the main purpose was targeted quantification of metabolite for verification the clinical performance of potential metabolite biomarkers. The metabolite identity could be confidently confirmed using the commercial standards although the LC methods of two MS systems were different. The first issue encountered in establishing a quantitative workflow for novel metabolite biomarkers is confirmation of the correctness of metabolite identification, determined by reference to a metabolite database based on accurate molecular masses. Therefore, a high-resolution MS system is required to confirm detected  $m/z$  signals and retention times in an LC-MS run. Fourier transform mass spectrometry (FT/MS) is known for its high accuracy and resolution, which are beneficial for metabolite identification. However, the ion capture mode in FT/MS has a limited ability to accurately quantify metabolites owing to its relative slow scan speed, which limits the number of data points during signal acquisition. Despite its accuracy, FT/MS is susceptible to effects of the complexity of analytes in urine sample, which





	Area under ROC	Sensitivity/ specificity	Odds	95% Confidence Interval
Hernia to BC-LgEs	0.654	0.60 / 0.644	3.361	1.162 ~ 9.721
Hernia to BC-HgEs	0.715	0.70 / 0.664	5.429	1.729 ~ 17.039
Hernia to BC-HgAs	0.758	0.75 / 0.661	7.800	2.3 ~ 26.449

**Fig. 8** – The ROC curves of hernia group to BC-LgEs, BC-HgEs and BC-HgAs separately. The cut offs were defined as where the points on curves were close to the left top point (sensitivity = 1) and with lowest false-possibility.

may result in other molecules with the same mass-to-charge signal after ionization contributing to peak areas. In this case, signal interference caused by matrix complexity results in imprecise quantification. To overcome this issue, we implemented an additional MS system—HCT/MS—which has compensatory properties relative to FT/MS. Specifically, HCT/MS is capable of multiple-reaction monitoring (MRM), which gives information about chemical fragments, meaning that it is complementary to FT/MS for molecular quantification.

The second quantification method, LC-HCT/MS in MRM mode—an ion trap system that is robust and easy to use, and delivers a rapid  $MS^n$  function—was used to establish response curves for quantifying the four targeted amine- and phenol-metabolite in clinical urine specimens. The response curves also provided insight into ion suppression by matrix effects of the complex biological mixture. Moreover, based on scatter plots (Figs. 3 and 4) and response curves (Fig. 2), quantified urinary metabolites fell within reasonable measurement ranges, despite some outliers. In summary, the targeted metabolites could be quantified based on standard curves and provided accurate estimates of concentration using a simple ion-trap MS system. Notably, quantitative results obtained for the four amine- and phenol-metabolites using the two MS systems (Table 1B, Figs. 3 and 4) were highly correlated.

There was a slight, but significant, increase in the concentrations of the metabolites, uridine and o-phosphoethanolamine, in the bladder cancer group compared with the control group, whereas the other two metabolites showed no significant difference between groups. Of these two metabolites, o-phosphoethanolamine concentrations in urine

correlated with disease stage severity, increasing from low-grade early stage (LgEs), to high-grade early stage (HgEs) and high-grade advanced stage (HgAs). This suggests that o-phosphoethanolamine could be an indicator of bladder cancer generally as well as a marker of disease stage. However, the fold-changes in both uridine and o-phosphoethanolamine concentrations in urine samples from the bladder cancer group compared with those from the hernias group were not remarkable. Therefore, because changes in metabolite levels can be related to other factors (e.g., age, biological sex, hematuria), we performed Chi square tests on o-phosphoethanolamine levels to test the possible role of age in addition to disease stage (Supplementary Tables 2 and 3). These analyses demonstrated that o-phosphoethanolamine levels were related to bladder cancer, but did not likely reflect age effects.

Metabolites are the final products of a series of complex biological processes, and reflect the involvement of numerous gene-scale regulatory events, including transcription, as well as post-transcriptional and post-translational mechanisms. Moreover, various molecules are likely associated with complex interactions within a single pathway and the multiple regulatory cross-links among molecular and biological modifications involved in the development of cancer [17]. Given this, using a single metabolite as a disease biomarker may not provide a powerful, or even valid, clinical approach for diagnosing or predicting a disease. Accordingly, it is important to consider the use of multiple biomarkers in the form of a biomarker panel using ROC curve analysis together with logistic regression. To this end, we analyzed ROC curves to assess the performance of single and combined biomarkers

(Fig. 7). As a single biomarker (Fig. 6), o-phosphoethanolamine was confirmed to be capable of discriminating bladder cancer urine from control urine specimens. When combined with uridine, the resulting two-biomarker panel showed improved ability to discriminate between these two groups. Of these two urinary panel members, o-phosphoethanolamine is an important metabolite that is involved in phospholipid metabolism and is associated with several key cellular functions, including cell membrane turnover and lipid signaling pathways that regulate cell proliferation and survival; it may also exert therapeutic effects in animal melanoma models [18]. However, detailed mechanisms underlying the potential role of o-phosphoethanolamine in bladder cancer biology remain unclear and will require further study. In summary, we verified that urinary phosphoethanolamine is a potential non-invasive biomarker for use in bladder cancer screening that shows improved discriminating power when combined with uridine in a two-biomarker panel.

## 5. Conclusions

In this study,  $^{12}\text{C}$ -/ $^{13}\text{C}$ -isotope dansylation labeling was utilized as a platform to quantify four targeted phenol- and amine-containing metabolites in urine samples and evaluate the performance of these metabolites as non-invasive biomarkers of bladder cancer. Using dansyl chloride-labeled synthetic standards, we verified the identity and quantify ability of four previously discovered novel urinary metabolites, and assessed their performance in differentiating bladder cancer specimens from control specimens. Two different MS systems—HCT/MS and FT/MS—were used for quantification, and the results obtained with the two systems were well correlated. This indicates that the platform is practical and accessible for use in precisely and accurately evaluating urinary metabolite levels. Although FT/MS offers high accuracy of  $m/z$  analysis, it has limitations including high cost and intense maintenance. On the other hand, HCT/MS is relative cost-effective and the MRM method established in the study is practical for clinical screening, such as newborn blood screening using tandem mass spectrometric platform. Therefore, as the consideration of accessibility and applicability, targeted analysis of patient specimens performed with an LC-HCT/MS or similar instrumentation is more practical for clinical screening. The results of quantification showed that o-phosphoethanolamine increased in the urine of bladder cancer patients, independent of the age of patients. Therefore, o-phosphoethanolamine is a potential biomarker for bladder cancer diagnosis. Diagnostic performance was further improved by combining uridine and o-phosphoethanolamine in a two-biomarker panel.

## Conflicts of interest

The authors declare no conflict of interest.

## Acknowledgement

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## Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.jfda.2018.11.008>.

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